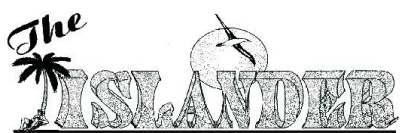


NEW ADMINISTRATOR FOR ASCENSION ISLAND





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www.the-islander-newspaper.com

Deadline: 6:00 pm Mondays

Technicians: Joopy & Kerry

The Islander post-box is situated on the downstairs veranda
of the new AIG Offices (Islander Building).

Deadline for all contributions: Monday's 6pm

Next weeks' editor: Dr Bill & Felicity

Printers: Dr Bill & Felicity

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EDITORS DISCRETION**

Editor's Note

Hiya readers,

First, we must welcome to Ascension Island our
new Administrator Mr Simon Minshull and his
wife Natalie and we bid farewell to the previous
Administrator, Mr Sean Burns and his wife
Marina.

Do you all know, we have just....

**7 Mondays; 8 Tuesdays; 8 Wednesdays; 8
Thursdays; 8 Fridays; 8 Saturdays; 7
Sundays; 8 Weekends before Christmas??**



A few memorable events this month; Guy
Fawkes, Armistice Day, including the World
Cup!!

Enjoy the month of November!

The Ed.



*They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.*



Administrator Simon Minshull Begins Official Duties

On Wednesday 02 November Simon Minshull was sworn in as Administrator of Ascension Island by Administrator Sean Burns in a ceremony in Georgetown court house, beginning official duties on Thursday 03 November 2022.



Simon is the 26th Administrator to take office in Ascension.

Simon is accompanied by his partner Natalie. On his appointment, Simon said:

"I am honoured and delighted to be appointed by the Governor as the Administrator of Ascension. I will serve the community and work together with the Island Council for the benefit of Ascension and to ensure the continued good governance of the island. Like everyone, I also look forward to the increased connectivity the restoration of our Air Bridge flights in 2023 will bring.

Natalie and I want to thank everyone for the warm welcome we have received. We are both thrilled to be here and look forward to meeting as many people as possible as we settle into island life."

On his departure, Sean said:

"We were delighted to welcome Simon and Natalie to Ascension over the weekend and pleased to see that they have already embraced what Ascension has to offer. We wish them many congratulations on the appointment.

Marina and I are sad to be leaving Ascension after what has been a fabulous posting for us. It has been a real honour and privilege to serve the community. There have been some challenging times and issues but this 'can do' island has got through them. We want to thank everyone for their friendship and support in and outside of work and wish the whole community well as the island moves forward to resuming business as usual when the runway reopens to full capacity next year."

Outgoing Administrator Sean Burns will depart the island on the morning of Sunday 06 November 2022, having served as Ascension's 25th Administrator between March 2020 and November 2022.

Office of the Administrator
03 November 2022



REMEMBER ME

Don't remember me with sadness,
Don't remember me with tears,
Remember all the laughter,
We've shared throughout the years.

Now I am contented
That my life it was worthwhile,
Knowing that I passed along the way
I made somebody smile.

When you are walking down the street
And you've got me on your mind,
I'm walking in your footsteps
Only half a step behind.

So please don't be unhappy
Just because I'm out of sight,
Remember that I'm with you
Each morning, noon and night.



Weekly COVID-19 Statistics

Monitoring of community spread continues

On Monday 08 August, Ascension recorded its first case of COVID-19 within the community. Since then, further cases of COVID-19 have been recorded and authorities are monitoring the spread of virus.

In order to ensure the public has a clear picture of infection rates within the territory, weekly infection statistics are being published during the period of transitioning to 'living with COVID-19'.

As of Friday 04 November 2022, the total number of positive results from tests conducted by, or registered with, a healthcare worker at one of the three testing sites is as follows:

	08/08/22 – 04/11/22
USAF Base Clinic	63
RAF Base Clinic	41
Georgetown Hospital	213
Total	317

These figures are based on results of tests conducted at each of these sites. However, the test site may not necessarily reflect the primary accommodation location of the person that tested positive.

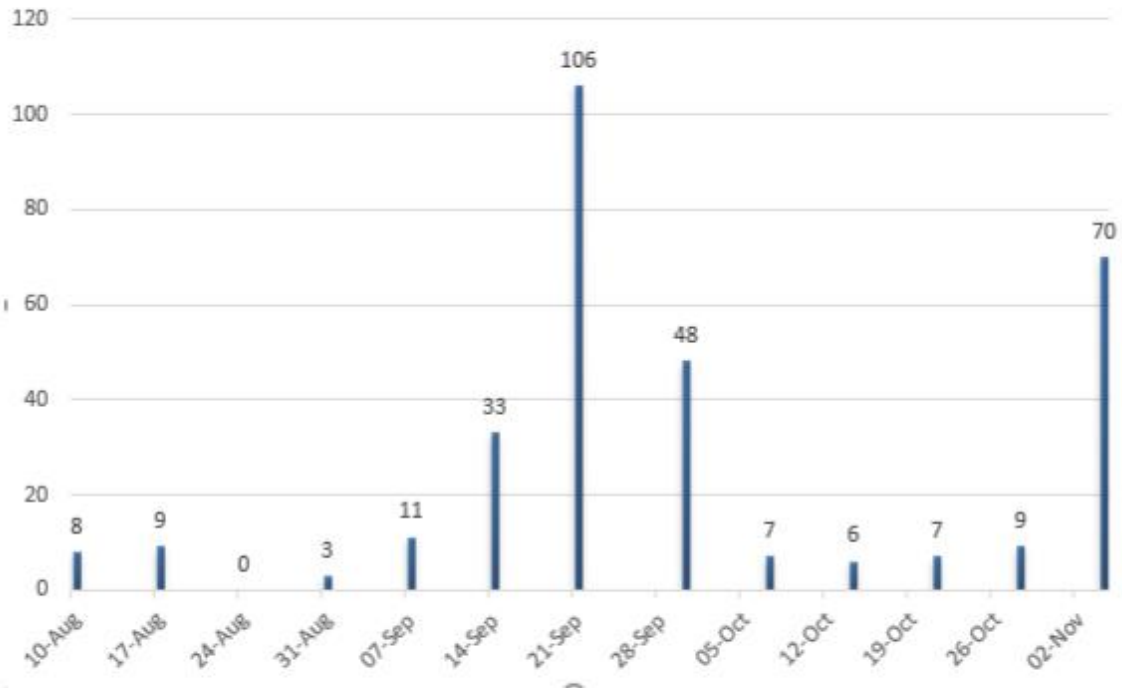
Between Saturday 29 October and Friday 04 November, the following number of daily positive results from tests conducted by, or registered with, a healthcare worker was recorded:

29/10	30/10	31/10	01/11	02/11	03/11	04/11	Total
0	1	21	22	13	7	6	70

As of Friday 04 November, there has been a total of one critically ill patient, who had tested positive for COVID-19, admitted to Georgetown Hospital. They have since been medically evacuated for further treatment off island.

The number of confirmed weekly positive results is as follows:

Weekly Positive COVID-19 Cases



All members of the public are encouraged to monitor their own health for signs of possible infection. If you believe you have symptoms consistent with possible COVID-19 infection you should arrange to take a test at your relevant medical facility and follow the guidance in place. Guidance can be found online at www.ascension.gov.ac/public-document/living-with-covid-19 and is available through your employer, local medical clinic and Georgetown Hospital.

If you test positive, you should isolate for five days. After this time, you should end your isolation once you feel well. A test is not required to end isolation.

Authorities are monitoring the ongoing spread of the virus and the current guidance will remain in effect until they are satisfied that the daily positive incidence rate indicates that the peak of the spread has been passed.

Georgetown Hospital
07 November 2022



Free Internationally Accredited Mental Health First Aid training

Helping a person when they need it the most

What is the training all about?

It is a 2 day course that teaches adults how to provide Mental Health First Aid to friends, families and co-workers.

The Adult Mental Health First Aid course is based on international MHFA Guidelines. Curriculum content is evidence-based, with the input of mental health professionals, researchers, and consumer advocates.

You will gain improved knowledge of mental illnesses and their interventions, knowledge of appropriate first aid strategies, and confidence in helping individuals experiencing a mental health problem. Topics covered include:

Developing mental health problems

Depression

Anxiety problems

Psychosis

Substance use problems

Mental health crises:

Suicidal thoughts and behaviours

Non-suicidal self-injury

Panic attacks

Traumatic events

Severe psychotic states

Severe effects from alcohol or other drug use

Aggressive behaviours

If you have any questions or would like a place on the course, please contact Paul Bridgewater 64691 or email social.worker@ascension.gov.ac

Georgetown Hospital
07 November 2022



COVID-19

Monitoring of community spread continues

Alongside the presence of a cold/flu virus over the past few weeks there has been a notable increase in Covid-19 positive cases recorded on the island in the last two days, the public is reminded to be aware of Covid-19 symptoms and protect themselves and others from spreading illnesses.

- Stay home if ill (work may be undertaken by arrangement with your employer)
- Avoid social gatherings and indoor settings if you are symptomatic or test positive
- Report for a test if you have symptoms
- Wear a mask in public and indoors for at least 5 days after testing positive

Patients from Travellers hill and USAF Base are requested to contact their base medical clinics to arrange testing.

For persons residing in Two boats or Georgetown please arrange appointments at Georgetown hospital.

The public are invited to note that Georgetown Hospital are continuing to offer Lateral Flow (LFT) COVID-19 tests to individuals who may be experiencing symptoms suggesting possible COVID-19 infection. In the event that you require a test, please note that the following procedure should be observed:

Tests should be requested telephonically by calling 66252 and stating your request. Please do not just turn up at the hospital.

You may be provided with additional tests to use at home if required.

Further guidance is available from your local medical facility, your employer and the AIG website via www.ascension.gov.ac/public-document/living-with-COVID-19.

If you have any concerns you should contact your local medical facility for further advice.

Office of the Administrator
02 November 2022



Mental Health First Aiders on Ascension

Get support when you need it most

Mental health is an often overlooked concern especially in remote places, yet we are all affected by it in some way, whether, it be you, or someone close to you. We all know how difficult things can sometimes get.

On Ascension we have 9 qualified Mental Health First Aid trainers, accredited through Mental Health First Aid (MHFA). Mental Health First Aiders have completed a two day MHFA course which teaches adults how to provide Mental Health First Aid to friends, families and co-workers.

Our Mental Health First Aiders do not have the skills to diagnose or to be therapists but they do know how to give initial support to a person who might be experiencing a mental health difficulty. Please talk to them if you or someone you know needs help or advice. Over the coming months the plan is to train more Mental Health First Aiders as the more people trained as Mental Health First Aiders the better!

The 9 Mental Health First Aiders are:

Two Boats School

Rachel Giles

Georgetown hospital

Marianne Yon, Louisa Plato, Sue-Ellen Henry, and Danita Ferreira, Hayley Snell

AIG

Christabel Beard, Samantha Duncan

Wolf Creek Federal Services

Lisa Bailey

For more information contact Paul Bridgewater on 64691 or by email on social.worker@ascension.gov.ac

Georgetown Hospital
31 October 2022



Two Boats School

Newsletter

Friday 4th November 2022



Hello everyone,

Already we are into November and the first full week of this half term is complete.

Friday 21st October marked the end of Term 1A and as is always the case we held our Annual Harvest Assembly. Thank you to all who contributed towards our Harvest lunch.



Farewells



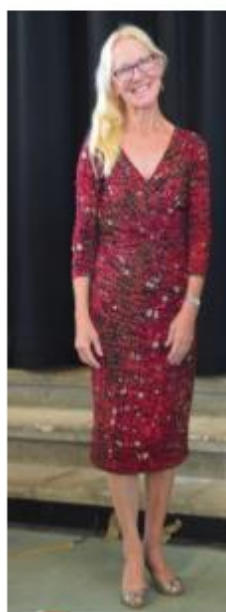
Today we said Goodbye to Leromeo and Kiara Fowler as they leave us on the next flight to return to the UK.

Both students have been a credit to us and all of us here at TBS wishes them all the best for their new adventures in the UK. Thank you, also to both Kayla

and Leroy for your contribution and support to the school in particular with the PTA and the Scouts.



Today also leaving us and returning to St Helena is Kai Benjamin. Best wishes Kai, we hope you enjoyed your short time here with the EYFS.



On the theme of Goodbyes it is also Mrs Marina last ever day here with us at TBS. Marina has been an almost constant presence here with us at school. Although a qualified Secondary Teacher, Marina is a lady of many skills and talents and her ability to step in and cover any class in any subject has been a life saver. You will certainly be missed Mrs Marina by all of us here! Best Wishes to you and Sean and we will hopefully see you in St Helena sometime in the near future.

Flight permitting on Saturday we will welcome to the Island our new Deputy Head Teacher, Mr Paul Gill. He will start on Monday 7th November and will pick up the majority of the Year 3 & 4 class teaching, until the Year 3 & 4 Teacher arrives in January (subject to satisfactory checks). I am sure you will all join me in wishing him well and hope that he settles into school and Island life. You will hear more from Mr Gill in due course.

Please could I ask Parents who are leaving on the 4th December flight to let us know if you haven't already so we can plan our Christmas activities.

As we are moving towards summer and the hotter weather it is advisable for students to apply sun cream before coming to school and to bring a hat with them to be worn outside.



Two Boats School

Newsletter

Friday 4th November 2022



Reminders:

Next Sunday is Remembrance Sunday; poppies are available at school in exchange for a donation towards the Royal British Legion.

Sports day will be on **Sunday 20th November** at TB Sports field starting at 9am. School will finish at 12.30pm on Monday 21st November. Please remember to send in your completed form to let us know if you are able to help or if you would like to purchase food. Transport requests for Georgetown students can also be filled in on this form.

Have a good weekend!

Mrs Maggott

Hello from Year 1 & 2

1 & 2 have had a super busy half term. They have all settled back into school life and have adapted well to new routines and expectations. Here are a few snippets of their learning that they would like to share.

In literacy, last half term we explored the book 'Handa's Surprise'. Handa's Surprise is a story that is set in Africa about a girl called Handa wanting to surprise her friend Akeyo. However it wasn't the surprise that she had hoped for. We read and sequenced the events of the story and created our own story maps.



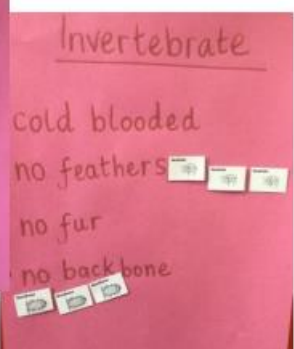
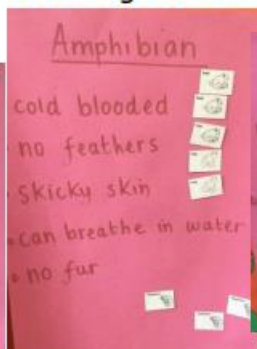
We then moved on by comparing the story of Handa's surprise to the story Katie in London.

We looked at the differences and similarities between the two stories such as the setting of the stories.



In Science, our topic for the half term was Animals including Humans - People and their Pets. During these sessions we discussed the different kind of pets there are. We compared the different needs of these animals and the characteristics that make them good pets.

We also grouped different animals according to their characteristics including fish amphibians, reptiles, birds and mammals.





Two Boats School

Newsletter

Friday 4th November 2022



In art, we have been exploring paint and practicing our blending skills. The children really enjoyed experimenting with the different colours. The darker colours were used to represent a midnight scene and the brighter colours to create a sunset.



Year 1's have been doing a terrific job with their Read Write Inc learning. Here is some evidence of their great handwriting.





Influenza vaccination clinics

**Any adult who has not received a flu vaccine this year
can now receive a flu vaccination.**

**Appointments are not required, please attend Georgetown
Hospital between 09:00-12:00**

on

Wednesday 02 November

Thursday 03 November

Friday 04 November

(USAF base employees should not attend, your clinic will advise you on your
vaccination requirements)

16-18 year olds can also attend to receive a nasal spray vaccine

If you think you've already had flu – do you need a vaccination?

Yes, the vaccine will still help protect you. Other viruses can give you flu-like symptoms, or you may have had flu but because there is more than one type of flu virus you should still have the vaccine even if you think you've had flu. Please do not attend if you are currently experiencing cold or flu symptoms

The SMO is concerned that we might experience a more severe influenza outbreak on Ascension this UK winter season as a result of the lack of exposure to the virus last year. Therefore he strongly advises all eligible adults to take this opportunity to get vaccinated.

Side effects

The flu vaccine is very safe. Side effects are mild and last 1-2 days:

- Painful, heavy feeling or tenderness where you had your flu injection
- Runny or blocked nose
- Headache, tiredness, chills
- Loss of appetite

Most cold and flu illnesses will resolve within around 5 days and do not need medical treatment, unless you or your child are very unwell a doctor's appointment is not required.

How to treat colds and flu at home

- rest and sleep
- keep warm
- take paracetamol or ibuprofen to lower your temperature and treat aches and pains
- drink plenty of water to avoid dehydration (your urine should be light yellow or clear)
- Cough medicines or a spoon of honey and lemon.

The virus spreads through the air when people cough or sneeze, or when they touch surfaces ...To avoid spreading flu:

- wash your hands often with warm water and soap
- cover your mouth and nose with a tissue when you cough or sneeze
- bin used tissues as quickly as possible

If you have any questions regarding the flu vaccination program, kindly get in touch with Georgetown Hospital by telephone on 66252.

Georgetown Hospital
31 October 2022



TWO BOATS CLUB

Telephone 64621/64610/64439 E-mail: twoboatsclub@atlantis.co.ac

Halloween Party

Thanks to all the kids for entering our Halloween costume competition, what a great effort you made. We hope you enjoyed dressing up and had an overall fun time at the party. Although only first and second places were selected for a prize, you were all amazing, well done to you and your parents.

Our judges had a really difficult times so we must thank them also – Paul, Scott and Kerry, thank you, we know it wasn't easy!

AGE	GENDER	FIRST	SECOND
0-3	GIRL	Alydia	Erin
0-3	BOY	Huxley	Noah
4-7	GIRL	Alysha	Zoe
4-7	BOY	George	Rihaaz
8+	GIRL	Peyton	Aisja
8+	BOY	Caleb	Wyatt

Lunch is served Monday-Friday 12-2pm. Menu consists of burgers, toasties, chicken, sausages and more. Please call the club or email for a copy of our menu.

We are looking for staff to run our lunch service, if you are interested please contact us on the email address above, or catherineleo@hotmail.com

Saturday 12th November

DISCO- DJ TBC

Saturday 19th November

DISCO – DJ Sid

Friday – 25th November

World Cup football – England v USA (food on sale)

Saturday – 26th November

Euchre – Sign-up, Club notice board



TWO BOATS CLUB

Telephone 64621/64610/64439 E-mail: twoboatsclub@atlantis.co.ac

The festive season is fast approaching and we know you are marking your calendars, please ensure you include Two Boats to your list!

Saturday 4th December – kids party

Saturday 17th December – Members dinner/dance

Sunday 18th December – World Cup Football Final

(other matches will be showing leading up to the final)

Sunday 24th December – opening to support float parade

Monday 26th December – Family Fun Day and Raffle draw

Saturday 31st December – New Year's Eve Party (DJ Sid)

Details on the various events to follow

As we look forward to 2023, we hope to continue to enjoy your custom here at Two Boats Club. We have recently formed our new committee, please let us know what you'd like to see happening at the club. Speak to any of us, we can't promise everything, but are always open to suggestions.

Monthly quiz and bingo nights are on the table, and we will be trying darts and skittles, but perhaps in a different format to the drawn out leagues.

Members include: Catherine Leo, Darren & Celia Reynolds, Christiane Anthony, Conrad Constantine, Mark Johnson, Jeffrey Leo, Sebastian Crowie, Kelly Leo and Michelle McKenzie.

Alternatively, speak to our bar tenders with your ideas.

CELEBRATING THE MONTH OF NOVEMBER!

The Day of the Dead-31st Oct to 2nd Nov 2022

The Mexican holiday of Dia de Muertos takes place over 3 days. The festival is a happy celebration with gatherings of family and friends to pray for and remember friends and family members who have died.



World Ballet Day-2nd Nov 2022

A day to celebrate ballet around the world.

World Jellyfish Day-3rd Nov 2022

A day to appreciate and celebrate jellyfish, which are not, in fact, a fish at all.

Did you know that a group of jellyfish can be called a bloom, a swarm, or a smack? Despite the word "fish" in their names, jellyfish are not actually fish. No bones about it, they are invertebrates! Besides their lack of bones, jellyfish also lack a brain. Instead, they have a network of nerves, but no central nervous system. When feeding, jellyfish use their tentacles to sting their prey – they eat plankton. But what eats a jellyfish? Many animals do, including tunas, sharks, turtles, and humans!

Guy Fawkes Night-5th Nov 2022 When the British celebrate the Gunpowder Plot conspirator's failure to blow up the Houses of Parliament. Also known as Bonfire Night or Fireworks



Night.

©eParenting.co.uk

©eParenting.co.uk

National Saxophone Day-6th Nov 2022

Celebrated annually on the birthday of Belgian instrument maker, Adolphe Sax who was the inventor of the saxophone.

World Numbat Day-6th Nov 2022

The numbat is native to Australia and is unique, sharing no relation to any living species. But it's also critically endangered. There are fewer than 1,000 of its kind left in the wild.



Number Confidence Week-7th Nov to 11th Nov 2022

Improving number confidence improves opportunities and life chances for all. The week includes a series of livestreams and online activities to make the UK to feel more confident in understanding and working with numbers.

Remembrance Day-11th Nov 2022

The day when we remember those members of the armed forces who gave their lives in conflict. The date was chosen to commemorate the end of hostilities of the First World War on 11th November 1918.



Singles Day-11th Nov 2022

Singles Day is the fastest-growing shopping holiday across Asia, when single people receive gifts, or buy for themselves.

World Kindness Day-13th Nov 2022

A day to celebrate and promote kindness in all its forms.

Anti-Bullying Week-14th Nov to 18th Nov 2022

A week for learning about the causes of bullying, identifying bullying and encouraging people to speak up against bullying, both children and adults.

Road Safety Week-14th Nov to 20th Nov 2022

The campaign aims to inspire thousands of schools, organisations and communities to take action on road safety and to promote life-saving messages.

Odd Socks Day-14th Nov 2022

Odd Socks Day marks the beginning of Anti-Bullying Week. Wear odd socks to school or work.

Steve Irwin Day-15th Nov 2022

Celebrated each year on 15 November, Steve Irwin Day is an annual international event honouring the life and legacy of the one and only Crocodile Hunter, and to highlight his passion of animal conservation.

World Prematurity Day-17th Nov 2022

World Prematurity Day is raise awareness of preterm birth and the concerns of preterm babies and their families worldwide.

Children In Need-18th Nov 2022

The BBC's annual fundraising day which raises moneys for children's charities across the UK, fund local charities and projects who help remove the barriers that are facing children and young people, so that they can thrive.

Universal Children's Day-20th Nov 2022

United Nations Universal Children's Day was established to promote international togetherness, awareness among children worldwide, and improving children's welfare.

World Hello Day-21st Nov 2022

Anyone can participate in World Hello Day simply by greeting ten people. This demonstrates the importance of personal communication for preserving peace.

World Television Day-21st Nov 2022

A UN organised day, which recognises the impact of television on decision-making by bringing world attention to conflicts and threats to peace and security and its potential role in sharpening the focus on other major issues.

FIFA World Cup 2022-21st Nov to 18th Dec 2022

Held every four years, the 22nd World cup will be held in Qatar.

Doctor Who Day-23rd Nov 2022

Also know as TARDIS day, this is the anniversary of the first ever transmission of Doctor Who. Wear a bow-tie, a long knitted scarf or put celery on your lapel. Or just eat some jelly babies.

Thanksgiving-24th Nov 2022

US national holiday which is a celebration of the successful harvest and other blessings of the past year.

Buy Nothing Day-25th Nov 2022

Held to coincide with Black Friday, this is an international day of protest against consumerism.

St. Andrew's Day-30th Nov 2022

Celebration of the patron saint of Scotland, St. Andrew.



Doctor Who Wordsearch

F D L Y P N T Y D I C Y P Z U F G S
M L I E N R M H I C N J O A L M O G
G V L E G V E M E O Y X R S A N E J
A L J G J N D G R D O B C T I E V W
L V E T K A A A E F O D E C E X Y H
L A Y V V T T G A N P C S R O J X M
I B B R A N R U N A R C T X M O X F
F F O O R T E B I R A C O D E V X
R S K S R O T O T E P Z T R R T N W
E J W B N O A E W S C E O I A B N G
Y L U X T E I D M V A L E J O O D M
K I F D N A R R K I E M P W I N B A
V V G Y O I R E R M T H E N B R Z P
G E P V V O L D I A J G A H A U S W
X D N E A A N T I K W P Q U T N D Y
L A R T D Q N H X S M E L H S I Q V
I E J V Q Z Q J L O Y C C H E T C K
F S F R S Y Q F C Y A L K I N M R X

AUTON
COMPANION
CYBERMEN
DALEK
DAVROS
GALLIFREY
ICE WARRIOR
JUDOON
OOD
REGENERATION

SEA DEVIL
SONIC SCREWDRIVER
SONTARON
TARDIS
THE DOCTOR
THE MASTER
TIME LORD
TIME TRAVEL
UNIT
WEeping ANGEL



WEAR YOUR POPPY WITH PRIDE!

The Red poppy is a symbol of both Remembrance and hope for a peaceful future.

The poppy is a well-known and well-established symbol, one that carries a wealth of history and meaning with it. Wearing a poppy is still a very personal choice, reflecting individual experiences and personal memories. It is never compulsory but is greatly appreciated by those who it is intended to support.

Wearing a poppy is a show of support for the service and sacrifice of our Armed Forces, veterans and their families

It represents all those who lost their lives on active service, from the beginning of the First World War right up to present day.

It also honours the contribution of civilian services and the uniformed services which contribute to national peace and security and acknowledges innocent civilians who have lost their lives in conflict and acts of terrorism.

The poppy has been a symbol of Remembrance for over 100 years

The poppy became a symbol of Remembrance and hope for a peaceful future in the aftermath of the First World War.

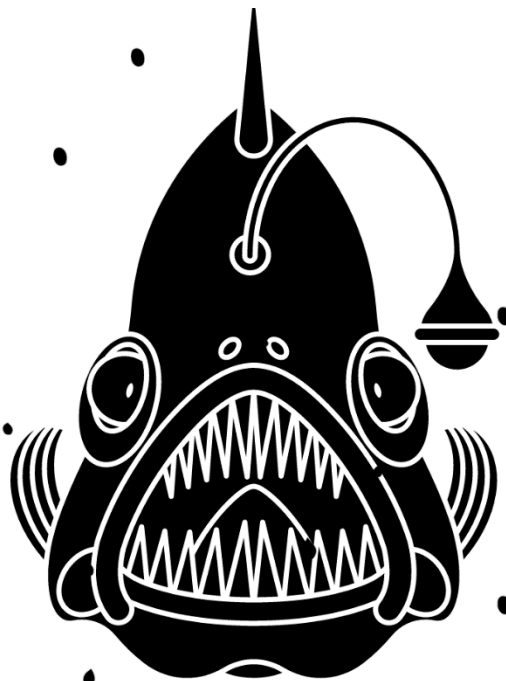
Since 1921 collectors have been at the heart of the Poppy Appeal. And this year they will be back in local communities across the UK to collect donations that help RBL continue it's vital work.

In kind support, the RAF have placed poppies in various outlets.

**Two Boats School
The NAAFI
The Chandlery
AIG Office
Wolf Creek Federal Services
The Post Office
Mitie combined Mess
Mitie Estate Yard
AIB Operations**

Please donate to a worthy cause!

Ascension Island Armistice Service will also take place at St Mary's Church on Sunday, 13 November 2022.



EXPLORING THE DEEP

DATE AND TIME TBC
SAINT'S CLUB

Find out what we discovered in the depths of Ascension's MPA.

- Meet and greet the Discovery scientists,
followed by a talk on, "Exploring The Deep."

Specimens from the deep will be on display.
• Refreshments provided.

#smallislandBICVISION

Belated Birthday Wishes

to a

Very Special Grandson

RILEY SCOTT LEO-FRANCIS

Who turned 12 years old on Monday 7th
November!!

Wish we could have been there with
you to celebrate.

Love and miss you loads

Love and kisses from

Nanny & Grandad

xxxxxxxxxxxx



MAIL NOTICE

Airmail and Surface Airlift
(SAL) to Great Britain will
close on Thursday 17th
November 2022 at
3PM. Please note this is the
final Airlift for 2022.
All enquiries to telephones:
66260 and 66583.

Thank you.

Samantha K Duncan
Post Office Team Leader

7 DEGREE SOUTH @
NAAFI PRESENTS

NOV
26
8PM

SATURDAY NIGHT
DISCO *On Ascension*

SOUNDS BY
**DJSID
& DJSCOTT**

PLAYING THE FINEST R&B, HIP HOP,
REGGAE & HOUSE MUSIC

BBQ AREAS / DANCEFLOOR / POOL TABLES